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**A courageous and honest book  
full of surprising twists**

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English edition

LOTHAR PIRC

# *The Blessing of Maharishi*



*The wonderful story of my life*

AN AUTOBIOGRAPHY

**Full of contrasts, captivating,  
spiritual and well-founded – an entertaining  
read of a special kind**

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ISBN: 978-93-5966-063-9 (Hardcover)

ISBN: 978-93-5966-484-2 (Paperback)



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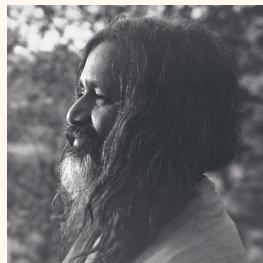


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**Maharishi Mahesh Yogi** (1917-2008) has had far greater influence on the fate of humanity than has been known to the public so far. Maharishi

spread the simple, natural technique of Transcendental Meditation and thus enriched the lives of millions of people, and at the same time, he has shaken narrow-minded and outdated concepts.

He re-enlivened humanity's ancient, Vedic knowledge in its wholeness and connected the wisdom of the east with the western science. The groundbreaking scientific investigations that he has inspired show that humanity is at the beginning of a new and peaceful era.



**Prof. Lothar Pirc**, owner and CEO of one of the most successful Ayurvedic clinics in the western world, shares the impressive achievements

of his life with us in this autobiography – an unusual life with many ups and downs – masterfully captured in lively and witty writing by Dr. Karin Pirc.

The readers partake in wonderful encounters with Maharishi Mahesh Yogi, a great saint of our time, as well as in deep meditation experiences, and the author's desire to contribute to a better life for humanity. We also get a close-up view of Maharishi's modus operandi as never before.

## Preface

"The Blessings of Maharishi- The Wonderful Story of My Life" -This is a fantastic book! Out of five stars, I would give it ten. It is so good that my wife Rhoda and I have made reading it our evening entertainment, over videos and movies. If you are interested in what it would be like to be around and work with the greatest spiritual master of our time, and perhaps of all time, Maharishi Mahesh Yogi, then this is a book for you. Written in a lively style from beginning to end, it takes you on a ride of the bubbling bliss, from Lothar's childhood days of highly creative pranks that he and his buddies played on their teachers to the sublime atmosphere of taking Silence with Maharishi. Lothar narrates how he was glided into his life around Maharishi by a series of fortunate spiritual experiences to become one of Maharishi's trusted disciples and staff with enormous responsibilities. Through Lothar's eyes, we see Maharishi ever working for the good of the world, 20 + hours a day, ever inventive and original, to create world peace and a just and equitable world free of poverty and want. We have an insider's view as Maharishi trains and enlightens his teachers, creates coherence-creating groups, works to solve countries' economic programs, revives the technologies of consciousness of the ancient Vedic tradition for effectively addressing chronic diseases, creating clinics around the world, meets great scientists, world leaders and intellectuals to restructure human understanding of what the purpose of life is and the enormous possibilities it offers, and much more. Future generations will want to know who was this man who changed the destiny of human history, how did he do it, what was he like? Lothar's book will be one of their source books.

**David W. Orme-Johnson,**  
**PhD Professor Emeritus of Psychology**  
**Maharishi International University**



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